

# DGL Synergy™

*Chewable Deglycyrrhizinated Licorice*



GASTROINTESTINAL HEALTH



DGL Synergy™ is a fast-acting, chewable formula of deglycyrrhizinated licorice (DGL) that offers support for healthy digestion and normal stomach acids.\* It contains a standardized high-quality form of DGL, the amino acid glycine, and calcium in the form of calcium glycerophosphate. DGL Synergy™ has a pleasant licorice flavor and is fructose free and has zero grams of sugar. It is sweetened with xylitol, mannitol, and the luo han guo plant extract.

Licorice has been well-studied for its ability to support the lining of the gastrointestinal (GI) tract. It helps to support the body's natural inflammatory response to various foods or medications and, therefore, may help protect the protective barrier of the GI tract.\* Licorice is called a mucilaginous herb, which means it helps produce a soothing coat on the throat, stomach, and intestines. This can help calm the throat from any irritating effects of occasional stomach acid and promotes the health of the entire GI tract.\* It also supports the body's mucus-producing cells. In addition, DGL helps to maintain a healthy bacterial environment in the stomach.\*

Deglycyrrhizinated licorice removes the naturally occurring compound, glycyrrhizin, to aid in its safety and effectiveness. In some individuals, glycyrrhizin has been associated with negative side effects on blood pressure. These negative side effects are eliminated when the glycyrrhizin is removed.

DGL Synergy™ also contains glycine and calcium to further support healthy digestion.\* Glycine is an amino acid required for the production of bile that helps to digest dietary fats. It is also a precursor to the antioxidant glutathione, which helps support a healthy GI tract and it aids healthy digestion.\* Calcium (as calcium glycerophosphate) aids in promoting a healthy balance of acid throughout the GI tract.\*

## Benefits\*

- Supports healthy digestion
- Supports normal stomach acid levels
- Supports synthesis of the antioxidant glutathione in the body
- Supports a healthy inflammatory response

## Recommended Use

Chew 2 tablets before a meal daily or as directed by your health-care practitioner

## Highlights

- 500 mg of DGL to support a healthy intestinal tract\*
- The licorice in this formula is deglycyrrhized to avoid the hypertensive and other potentially negative side effects of unprocessed licorice
- 200 mg of glycine to support bile acid synthesis, fat digestion, and glutathione synthesis\*
- 100 mg of calcium from calcium glycerophosphate to support normal gastric acid secretion\*

ZPTED DGL 06/21

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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