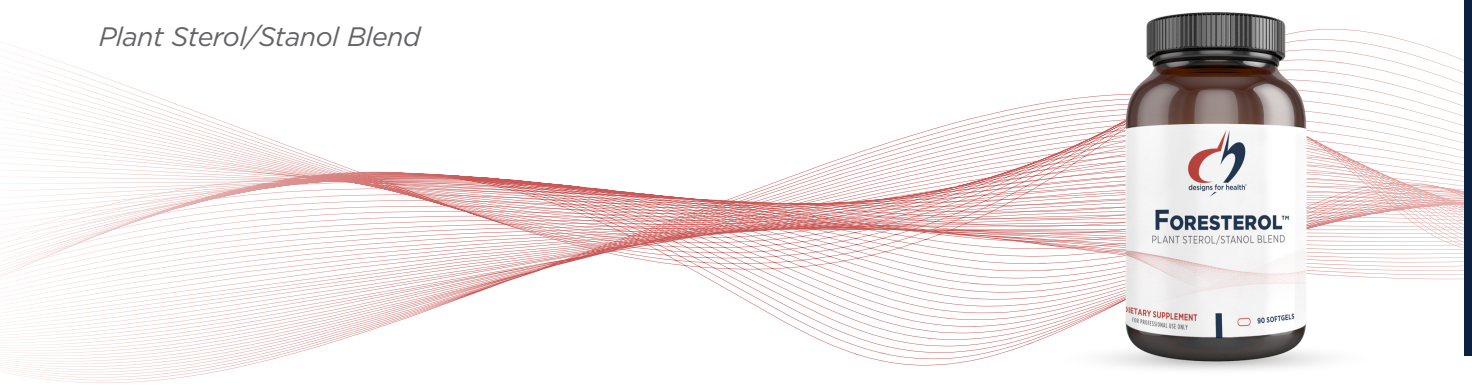
designs for health®

Foresterol™

Plant Sterol/Stanol Blend

CARDIOVASCULAR HEALTH†



GLUTEN FREE FORMULA
DAIRY FREE FORMULA
SOY FREE FORMULA
NON GMO INGREDIENTS GMO

Foresterol™ contains a phytosterol mixture of plant sterols and stanols shown to support normal cholesterol metabolism.* This mixture is from the non-GMO oil of the coniferous pine tree and mainly consists of four major phytosterols: beta-sitosterol, campesterol (in the free sterol form, not as sterol esters), campestanol, and sitostanol.

Healthy cholesterol metabolism supports cardiovascular health.* Cholesterol is an important fat-like substance in the body that is involved in the synthesis of hormones, cell membranes, and vitamin D. The body synthesizes the required cholesterol, but it is also found in the food derived from animal sources.

Dietary cholesterol may increase levels of cholesterol, both "good" and "bad," or high-density lipoprotein (HDL) and low-density lipoprotein (LDL), which may impact heart health. Plant sterols and stanols, known collectively as phytosterols, have a similar structure to cholesterol. As such, phytosterols may help support normal absorption and synthesis of cholesterol in the body.* This may support normal cholesterol metabolism and promote cardiovascular health.* Plant sterols and stanols may also support healthy lipid metabolism.*

Benefits*

- Promotes healthy lipid metabolism
- Supports normal cholesterol metabolism

Highlights

- 600 mg of plant sterols/stanols from coniferous trees to support healthy lipid metabolism*
- Non-GMO

Recommended Use

Take 1 softgel three times per day with meals or as directed by your health-care practitioner.

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**