

# Aller Pro Ultra

Aller Pro Ultra promotes a healthy upper respiratory tract through bioavailable herbal and antioxidant immune-supporting ingredients that help support healthy nasal and sinus cavities. It helps support healthy levels of mucus in the nasal and sinus cavities.\*

### **How Aller Pro Ultra Works**

Deglycyrrhizinated licorice supports healthy mucus levels, thus supporting healthy respiratory function. 1 It also has powerful properties that support healthy mucus levels in the lungs. •2

Quercetin is a flavonoid known for its antioxidant properties affecting healthy respiratory function and promoting healthy nasal and sinus cavities. \*3 Like all flavonoids, quercetin works as an antioxidant by scavenging free radicals and supporting healthy oxidative stress. 4

Stinging nettle leaf is another ingredient rich in flavonoids and antioxidant properties that has been used in herbal treatments for centuries.\* It helps support upper respiratory health by promoting healthy immune markers. •5

Bromelain is a crude extract from pineapple containing several proteases, enzymes that help us digest and absorb protein complexes, including antigenic compounds that enhance the absorption of quercetin. The properties of bromelain support healthy mucus and nasal passages. 6

N-Acetyl-L-Cysteine (NAC) is an amino acid precursor to glutathione, a crucial antioxidant that affects every system in the body, especially the nervous, immune, and gastrointestinal systems. Glutathione and NAC work together to support healthy mucus levels, thus supporting a healthy airway and promoting a healthy upper respiratory tract. •7

Vitamin C is a powerful antioxidant micronutrient with immunesupporting properties that works synergistically with quercetin to encourage healthy immune, nasal, and sinus function. Research suggests that supplementation with vitamin C supports respiratory health and immune function through the redox integrity of cells. •8

## Aller Pro Ultra Supplementation

Aller Pro Ultra provides herbal and antioxidant support with research-backed ingredients to support healthy nasal and sinus cavities. The bioavailable ingredients are available in a vegetarian capsule for maximum absorption and help with seasonal transitions.\* Supplementation may also include these additional benefits:

- Support for healthy nasal and sinus cavities\*
- Promotes healthy respiratory function
- Support for healthy immune function
- Support a healthy oxidative stress response\*



Form: 60 Capsules

Serving Size: 1 Capsule

Ingredients	Amount	%DV
Vitamin C (as ascorbic acid)	150 mg	167%
Quercetin (as quercetin dihydrate)	200 mg	**
Stinging Nettle Powder (leaf; <i>Urtica dioica</i> )	200 mg	**
Deglycyrrhizinated Licorice Extract (root; Glycyrrhiza glabra)	75 mg	**
Bromelain (from pineapple) (2400 GDU/g) 50 mg		**
N-Acetyl-L-Cysteine	25 mg	**

#### Other Ingredients:

Hypromellose, vegetable magnesium stearate, silica.

#### **Directions:**

Loading phase: Take 2 capsules three times daily for 7-10 days. Acute: Take 2-3 capsules as needed. Maintenance: Take 1 capsule daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.







DAIRY-FREE **GLUTEN-FREE** 

**VEGETARIAN** 





NON-GMO

PRODUCED IN A **cGMP FACILITY** 

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



#### References:

- 1. Wang L et al. Acta Pharm Sin B. 2015;5(4):310-315.
- 2. Murck H. Front Immunol. 2020;11:1239.
- 3. Hosseinzade A et al. Front Immunol. 2019;10(51).
- **4.** Baghel SS et al. World J Pharm Pharm Sci. 2012;1(1):146-160.
- **5.** Roschek B Jr et al. *Phytother Res.* 2009;23(7):920-926.
- **6.** Chakraborty AJ et al. *Life* (Basel). 2021;11(4):317.
- 7. Seagrave J et al. Respir Res. 2012;13:98.
- 8. Wintergerst ES, Maggini S, & Hornig DH. Ann Nutr Metab. 2006;50:85-94.