



FemGuard + Balance™

Supports Healthy Female Hormonal Balance*



WOMEN'S HEALTH*



FemGuard + Balance™ supports hormonal balance with a blend of herbs and nutrients that promote healthy estrogen metabolism including diindolylmethane (DIM), chrysin, and the traditional herbs, black cohosh and chaste tree.* Calcium-D-glucarate promotes the proper elimination of excess estrogens.* Additional nutrients and phytochemicals are included to support the body's antioxidant status and normal detoxification.*

DIM: Promotes the production of the more beneficial estrogen metabolites over the potentially toxic estrogen byproducts to support estrogen balance and optimal health.*

Black Cohosh: Supports hormonal balance, especially during menopause, and supporting the normal production of neurotransmitters, including serotonin and dopamine, which also support healthy mood.*

Calcium D-glucarate: Promotes the clearance of estrogen and its metabolites, including the more potentially toxic byproducts to support estrogen balance.*

Chrysin: Supports estrogen metabolism by inhibiting aromatase activity, an enzyme that synthesizes estrogen from testosterone. Chrysin also supports bone health.*

Chaste Tree Extract: Supports estrogen and progesterone levels and promotes dopamine metabolism.*

FemGuard + Balance™ also features nutrients and phytochemicals to further support overall health and estrogen metabolism, including **B vitamins, magnesium, resveratrol, epigallocatechin gallate (EGCg), and broccoli seed extract.***

Benefits*

- Promotes healthy female hormonal balance
- Supports healthy estrogen metabolism
- Promotes a healthy inflammatory response
- Supports normal detoxification

Recommended Use

Take 4 capsules per day or as directed by your health-care practitioner.

Warning: Do not use if pregnant, nursing, or trying to conceive.

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Highlights

- 100 mg of DIM to support healthy estrogen ratios*
- 100 mg of black cohosh extract standardized to contain 2.5% triterpene glycosides
- 50 mg of broccoli seed extract standardized to contain 13% sulforaphane glucosinolate
- 100 mg of green tea extract standardized to contain 95% polyphenols and 45% EGCg
- 200 mg of chaste tree extract standardized to contain 0.5% agnusides
- Methylated vitamin B12 and folate for enhanced bioavailability
- 400 mg of calcium D-glucarate to support estrogen clearance*

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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